

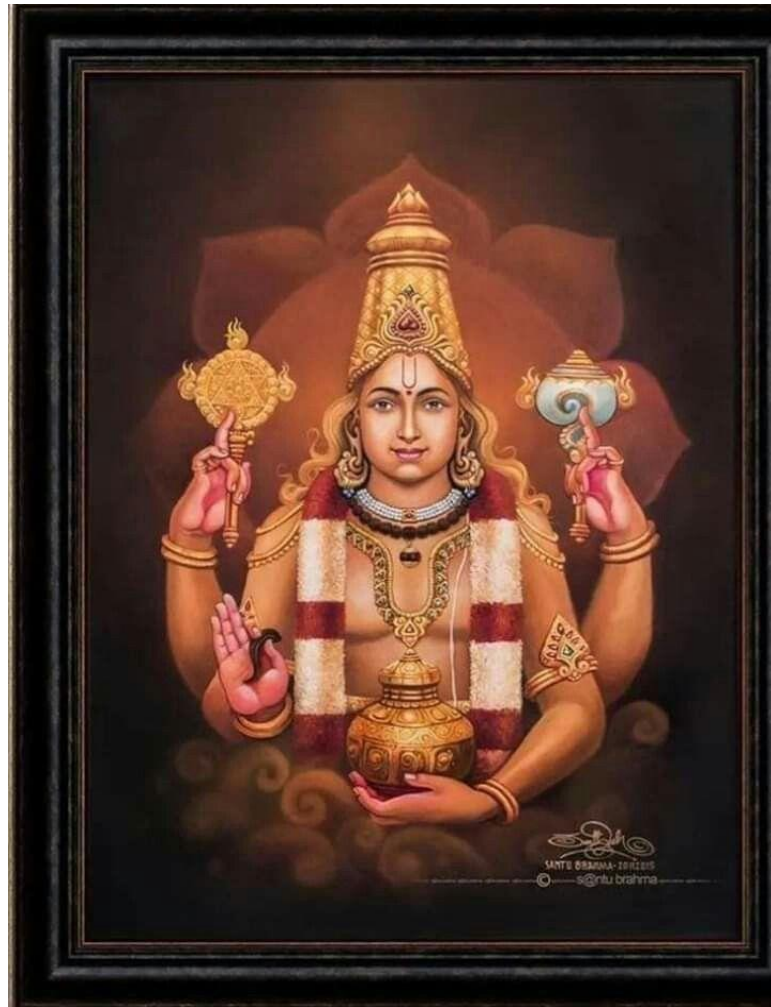
ISSUE NO 2 / OCTOBER 2024 –DECEMBER 2024



**SHRI HINGULAMBIKA EDUCATION SOCIETY'S
AYURVEDIC MEDICAL COLLEGE HOSPITAL
& RESEARCH CENTRE
Kalaburagi, Karnataka**

(Approved by NCISM, Ministry of AYUSH, Govt of India, New Delhi and Affiliated to RGUHS Bangalore)

“SVASTIH”



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FROM EDITORS DESK 

"Education is not the learning of facts, but the training of the mind to think".-Albert Einstein.



DR.ALLAMAPRABHU GUDDA
PRINCIPAL
SHE's AYURVEDA MEDICAL
COLLEGE HOSPITAL & RESEARCH
CENTRE , KALABURAGI

Learning is indeed a lifelong process. Even as we impart education to match the advancement in technology & globalization, we ensure education with ethos of moral value & principles.

It gives me immense pleasure to present to you the latest edition of SVASTIH, the official magazine of Shri Hingulambika Ayurvedic Medical College, Hospital, and Research Center. This publication is not just a reflection of our institution's achievements but also a celebration of the timeless wisdom of Ayurveda.

In SHE's AMC, our mission is to inspire and empower the younger generation with knowledge and leadership skills, enabling them to reach new heights and contribute significantly to the betterment of both themselves and society.

The **SVASTIH** magazine is published with the aim of showcasing the various activities organized and conducted by institute. It also serves as an informative resource for Ayurveda students, inspiring them to pursue their passion for Ayurveda. Additionally, the magazine reflects the institute's progress through detailed documentation.

I commend the dedication of the editorial team, publishers and students who contributed to this magazine and I extend my best wishes for its continued success.

My heartfelt appreciation goes to magazine committee for their efforts in compiling and releasing the latest edition "**SVASTIH – 2024**".

I congratulate the staff editor and student editor for their leading role. Wishing the best for concluding bigger success and achieving newer heights in the coming days.

EDITORIAL BOARD*EDITOR IN CHIEF:***Dr. Allamprabhu Gudda**
Principal*Associate Editor:***Dr. Annapurna Patil**
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5.	Dr.Smita Kanmuse Asso.Prof Dept of Samhita Siddhanta
6.	Dr. Sapna Kaba Asso. Prof Dept of AgadaTantra

COLLEGE ACTIVITIES

- **DESH KA PRAKRUTI PARIKSHAN:** - Volunteer for Desh ka prakruti Parikshan 30 faculty and 296 students. Conducted from the college at various places along with free health check up .
- Out of 565 colleges our college position is 52 and in 60 seats colleges we were in top 10 in country, and 1st/2nd in Karnataka.
- Periodical assessment test, internal assessment exams as per NCISM for all the class completed.
- Department of Ayush , GOI initiated HACKATHON ,in which students should present a innovative business idea which will train up by technical team, and funded by business group , college prepared such 3 ideas.
- **Dr.Vijayalaxmi N H** Medical Superintendent, Prof & HOD Dept. of Shalakyta Tantra was invited as a chair person for the Oral Presentation at National Conference organized by Ayurveda College Ilkal on **4/1/2025**.
- Principal was attended felicitation to NCISM President at KBN Medical College Kalaburagi.
- Sir was attended meeting called by Principal to discuss issues at Panchakarma Unit.
- National Conference organized by S VYASA and Vishwa Ayurveda Parishad the **Organizing Secretary were Dr Allamprabhu Gudda Principal** for the conference and 500 PG Delegates were participated.

CME

- **Dr Vivekanand P Prof & HOD Dept of Agada tantra** attended the CME at Jeevika Hospital Kaiburagi on 28/12/2024.

• NATIONAL AYURVEDA DAY

National Ayurveda Day was celebrated on 29/10/2024 Lord Shri Dhanvantari Pooja, Homa & Shishyopanayana for the New Batch



- On the day of National Ayurveda Day discussion with parents & students of New batch about the curriculum by Dr Allamprabhu Gudda Principal



SVASTIH Magazine Release -

- On the eve of National Ayurveda day the College Magazine **SVASTIH 2024 Issue no 1** is released.



CURRICULAR ACTIVITES

TRANSITIONAL CURRICULUM

- Transitional curriculum was carried out for the new batch from 01/10/2024 to 15/10/2024 in this various guest lectures, motivational talks, recreational activities,etc topics were carried out.
- Guest lecture on First Aid Treatment for 1st YEAR BAMS Transitional Curriculum By Dr.Mallarao Malle with Felicitation By Curriculum coordinator Dr.Praveenkumar .C And Dr. Niranjan .K Dept of Samhita Siddhant.



AWARENESS PROGRAMME

- Dr.Veena J Asso Prof Dept. of Kaumarabhritya Delivered lecture on awareness and prevention of cancer at Reshmi college Kalaburagi at Citizen Training programme on 30/11/2024.
- Dr.Veena J Asso Prof Dept. of Kaumarabhritya Delivered lecture on awareness and prevention of cancer at SHES Bed College Kalaburagi at Citizen Training programme on 4/12/2024.



CHAIR PERSON

- **Dr. Allamprabhu Gudda Principal SHES AMC Kalaburagi** was Invited for chair the session in the **National seminar on Niramaya 2/12/2024 at SDM AMC Terdal.**



PAPER PRESENTAION

INTERNATIONAL CONFERENCE –

- **Dr Annapurna Patil Asso Prof Dept. of Kaumarabhritya** Presented Paper in the International Conference Organized by KLEU's Shri BMKAM Belgaum Dept of Roganidan MADHUKOSHA 2024 on 20/12/2024 and attended on 27/12/2024-28/12/2024 at JNMC Convention Center Belgaum.



NATIONAL SEMINAR & WORKSHOP –

- Dr Pradeep Kumar J Asso Prof Dept. of Kayachikitsa** Presented Paper on **Mental Health In Work Place** in the National Seminar & Work shop Organized by Shri JGAMC Koppal Dept of Kayachikitsa and attended on 27/12/2024 -28/12/2024 at National Level Seminar MANASAM -2024.



Dr Lavanya M S Asso Prof Dept. of Swasthavritta Presented Paper on Mental Health In Older Adults in the National Seminar & Work shop Organized by Shri JGAMC Koppal Dept of Kayachikitsa ,Swasthavritta &Yoga and attended on 27/12/2024 -28/12/2024 at National Level Seminar MANASAM -2024.



RESOURCE PERSON –

- **Dr.Vijayalaxmi .N.H Medical superintendent, Prof & HOD Dept of Shalakyta Tantra** Invited as a Resource Person in Health Awareness Programme Organized by Dist. AYUSH Dept on eve of National Ayurveda day at SHES Govt School Kalaburagi on 22/10/2024
- **Dr.Vijayalaxmi .N.H Medical superintendent, Prof & HOD Dept of Shalakyta Tantra** Invited as a Resource Person in Health Awareness Programme Organized by Dist. AYUSH Dept on eve of National Ayurveda day at GDA jaynagar on 24/10/2024.
- **Dr.Vijayalaxmi .N.H Medical superintendent, Prof & HOD Dept of Shalakyta Tantra** Invited as a Resource Person in Health Awareness Programme Organized by Dist. AYUSH Dept at GOVT Girls Hostel Kalaburagi on 20/11/2024



GUEST LECTURE

- **Dr.Nirmala Kelamani Prof & HOD Dept of DravyaGuna** Delivered Talk on Food, Health and Ayurveda at NSS Unit College of Agriculture on 21/12/2024.



STUDENT FOR DEVELOPMENT

- **Dr.Nirmala K Prof & HOD Dept of Dravya Guna SHESAMC Kalburagi** given Talk on Preparation method of Seed Ball Making for the students. The Programme was organized by central university kadaganchi on 11/01/2025.



WATER PLANT VISIT

- **Dr.Lavanya Asso Prof Dept of Swasthavritta and Dr. Avinash R Asst Prof Dept of Swasthvritta** Organized the visit to water purification and sewage treatment plan for the 2nd professional BAMS students on eve of syllabus curriculum from the Dept of Swasthavritta &Yoga.



NATIONAL CONFERENCE ON GERIATRIC CARE

- Dr.Allamprabhu Gudda Principal SHESAMC Kalaburagi along with Faculty attended the One day “**National Conference on Geriatric care 360**” organized by Inamdar Unani Medical College & Hospital Kalaburagi at KBN Auditorium klb on 03/01/2025.
- For this conference Dr. Jayant Deopujari NCISM Board Chairmen & Dr. K Jagannathan President Boadr Of Unani Siddha & Sowa Rigpa NCISM were the Guest of Honour Felicitated by President of SHESAMC Shri Suresh D Bulbule Sir.



SANSKRITA PRANT SAMMELANA

- Dr Praveenakumar C Prof Dept of Samhita Siddhant attended the “Sanskrita Pranta Sammelana” at Belagavi on 11/01/2025-12/01/2025.



EDUCATION FAIR

- Dr.Allamprabhu Gudda Principal was attended the Primer Education Fair “GNANA DEGULA” organized by Prajavani on 11/01/2025 at Khuba Kalyan Mantap



HOSPITAL ACTIVITIES

- WORLD PILES DAY Nov 20th conducted from the Department of Shalya tantra on this occasion Quiz Competition was conducted for Final Year students.
- Dr. Veena J conducted HPV Vaccination Camp at college hospital premises and 55 persons received vaccine 1st dose on 6/12/24.

FREE HEALTH CHECKUP CAMP

- Free health checkup camp at Rummangud Govt School on 22/10/24 organised from the college SHE'S AMC as part of National Ayurveda Day as it is a school adopted by the college. The camp was conducted from Dr.Vivekanand P, Dr. Shrankumar P, Dr .Kaniz Fatima, Dr. Jyotirmayi and Intrnees Parikshit, Swaraj, Shrushti, Shivkumar, Aishwarya .
- Free health checkup camp at sugur kalagi on 1/12/24 the camp was organized from Dr.Vivekanand P .Total 60 patients were benefited from the camp.



- Free Health Check up camp was organized from the college at sugur on the eve of Vaikunth Ekadashi on 10/01/2025 conducted by Dr Vivekanand P, Dr.Sapna K and Dr.Vachana along with Internees. Total 130 patients were benefited from camp.



- Free health checkup camp and Awareness Programme on 11/1/25 at Khuba Kalayan mantap kalaburagi organized from the college. Conducted by Dr.Sangmesh H, Dr.Vivekanand P, Dr.Jyotirmayi & Dr.Megha along with Internees.



- Free health checkup camp on 14/1/25 at Tavargere on the eve of Makara sankranti organized from the college. Co ordinated by Dr.Vivekanand P Dr, Sharankumar P along with Internees.



SWARNAPRASHAN

On the day of Pushya nakshtra from the Department of Balaroga every month conducted swarnaprashan for the children's.



➤ AYUSH MEETING

Dr.Niranjana K Prof &HOD Dept of Samhita Siddhanta attended the meeting at DISTRICT AYUSH OFFICE about the “NI KSHYA ABHIYAN” organized from the Govt of INDIA HEALTH Dept.to Eradicate the Tuberculosis totally from the country and this Abhiyana was conducted for 100 days from 7/12/2024-24/03/2025.



RADIO TALK

- Dr Sangamesh H. HOD and Prof Dept of Shalya tantra delivered a talk on AIR on eve of **World Piles Day** to create awareness in the society on 19/11/2024.
- Dr Anand kumar C. Asst Prof Dept of Shalya tantra delivered a talk on RED FM 93.5 and Antrawani 90.8 on eve of **World Piles Day** to create awareness in the society on 19/11/2024.



MEDIA COVERAGE

ದೇಶ ಕಾ ಪ್ರಕೃತಿ ಪರೀಕ್ಷಣ ಅಭಿಯಾನ

ಕಲಬುರಗಿ: ಆಯುಷ್ ಸಚಿವಾಲಯದ ಆಶ್ರಯದಲ್ಲಿ ನಡೆಯುತ್ತಿರುವ 'ದೇಶ ಕಾ ಪ್ರಕೃತಿ ಪರೀಕ್ಷಣ' ಅಭಿಯಾನದಲ್ಲಿ ಶ್ರೀ ಹಿಂಗುಳಂಬಿಕಾ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ, ಆಸ್ಪತ್ರೆ ಮತ್ತು ಸಂಶೋಧನಾ ಕೇಂದ್ರ, ಗುಲ್ಬರ್ಗಾ ಸಕ್ರಿಯವಾಗಿ ಭಾಗವಹಿಸುತ್ತಿದೆ. ರಾಜ್ಯಪತಿ ಡಾ. ದೌಪದಿ ಮುರ್ಮು ಅವರು ನವೆಂಬರ್ 26 ರಂದು ಈ ಅಭಿಯಾನವನ್ನು ಉದ್ಘಾಟಿಸಿದ್ದು, ಡಿಸೆಂಬರ್ 25 ರವರೆಗೆ ನಡೆಯಲಿದೆ. ಈ ಅಭಿಯಾನದಲ್ಲಿ 330 ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಸಿಬ್ಬಂದಿಗಳು ಭಾಗವಹಿಸಿದ್ದು, ನಗರದ ಪ್ರತಿಷ್ಠಿತ ಸಂಸ್ಥೆಗಳು, ಸರ್ಕಾರಿ ಕಚೇರಿಗಳು ಮತ್ತು ಸಾರ್ವಜನಿಕರನ್ನು ತಲುಪಿ, ಒಂದು ಲಕ್ಷ ಜನರನ್ನು ತಲುಪುವ ಗುರಿಯನ್ನು ಹೊಂದಿದ್ದಾರೆ. ಇದುವರೆಗೆ 40,000 ಜನರ ಪ್ರಕೃತಿ ಪರೀಕ್ಷಣವನ್ನು ಯಶಸ್ವಿಯಾಗಿ ನಡೆಸಲಾಗಿದೆ.



ಇಂದಿನ ಪ್ರಕೃತಿ ಪರೀಕ್ಷಣ ಪ್ರಾಂಶುಪಾಲ ಡಾ. ಸುಹಾರಿನಿ, ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪ್ರಾಂಶುಪಾಲ ಡಾ. ಸಂಯೋಜಕ ಡಾ. ಆನಂದಕುಮಾರ್, ಅಲ್ಲಂಪ್ರಭು ಗುಡ್ಡೆ, ವೈದ್ಯಕೀಯ ಅಧೀಕ್ಷಕ ಡಾ. ಶಿಲ್ಪಾ, ಡಾ. ಮೇಘಾ ಮತ್ತು ಡಾ. ವಿಜಯಲಕ್ಷ್ಮಿ ಹರನೂರಕರ್, ಉಪ ವಿದ್ಯಾರ್ಥಿಗಳು ಉಪಸ್ಥಿತರಿದ್ದರು.

ಬೇಗ

ಎಚ್.ಪಿ.ವಿ ಲಸಿಕೆ ಕೊಡುವ ಅಭಿಯಾನ ಚಾಲನೆ

ಕಲಬುರಗಿ: ನಗರದ ಶ್ರೀ ಹಿಂಗುಳಂಬಿಕಾ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಯ ಆಯುರ್ವೇದಿಕ ಮೆಡಿಕಲ್ ಕಾಲೇಜು ಸಂಶೋಧನ ಕೇಂದ್ರ ಮತ್ತು ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಎಚ್.ಪಿ.ವಿ ಲಸಿಕೆ ಕೊಡುವ ಅಭಿಯಾನವನ್ನು ಖಾಸಗಿ ಪ್ರಸಾರಿ ಹಾಗೂ ಸ್ವೀಕರಣ ತಜ್ಞ ಡಾ. ಇಂದಿರಾ ಇದನ್ನು ಹಾಕಿಸಿಕೊಳ್ಳಬೇಕೆಂದು ವೇಳಿದರು. ಹರನೂರಕರ್ ಅವರು ಮಾತನಾಡುತ್ತಾ ಈ ಲಸಿಕೆ ಅಭಿಯಾನ ಆರಂಭಿಸಿದಕ್ಕೆ ಹರ್ಷ ವ್ಯಕ್ತಪಡಿಸಿ ಸುಮಾರು 50. 60 ಜನ ಹೆಸರು ನೋಂದಿಸಿ



ಎಸ್.ಲೋಯಾ ಇವರು ಚಾಲನೆ ನೀಡಿ ಮಾತನಾಡಿ ಮಹಿಳೆಯರಲ್ಲಿ ಕಂಡು ಬರುವ ಗರ್ಭಕೋಶ ಕಂಡ ಕಾನ್ಸೆನ್ಸು ತಡೆಯುವಲ್ಲಿ ಲಸಿಕೆ ಮಹತ್ವದ ಪಾತ್ರ ವಹಿಸಿದ್ದು ಕಡ್ಡಾಯವಾಗಿ ಮಹಿಳೆಯರು ಯಿಸಿದ್ದಾರೆಂದು ಮಾಹಿತಿ ನೀಡಿದರು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಅಭಿಯಾನದ ಸಂಚಾಲಕ ಡಾ. ಮೇಘಾ ಜಿಗಳೂರ್, ಸಹ ಸಂಚಾಲಕ ಡಾ.ವಿನೀತ್ ಘಾತಿಮಾ ಉಪಸ್ಥಿತರಿದ್ದರು.

ಹೊಸ ಧರಣಿ

ಮೂಲವ್ಯಾಧಿಗೆ ಆಯುರ್ವೇದದಲ್ಲಿ ಚಿಕಿತ್ಸೆ ಲಭ್ಯ: ಡಾ.ಅಲ್ಲಮಪ್ರಭು

ಕಲಬುರಗಿ: ಶ್ರೀಹಿಂಗುಳಂಬಿಕಾ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ, ಗುಲ್ಬರ್ಗಾ ವಿಶ್ವ ವೈದ್ಯಕೀಯ ಅಶ್ರಮ ಉತ್ಸಾಹದಿಂದ ಆಚರಿಸಲಾಯಿತು. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪ್ರಾಚಾರ್ಯ ಡಾ. ಅಲ್ಲಮಪ್ರಭು ಗುಡ್ಡೆ ಅವರು ಮಾತನಾಡಿ ವೈದ್ಯ ಚಿಕಿತ್ಸೆಯಲ್ಲಿ ಆಯುರ್ವೇದದ ಮಹತ್ವವನ್ನು ಎತ್ತಿ ತೋರಿಸಿ, ಸಮಸ್ಯೆಯ ಮೂಲ ಕಾರಣವನ್ನು ಸರಿಪಡಿಸುವಲ್ಲಿ ಆಯುರ್ವೇದದ ಸಮಗ್ರ ವಿಧಾನ ಕೆತ್ತಿ ನೀಡಿ, ಆಯುರ್ವೇದ ಚಿಕಿತ್ಸೆಯಿಂದ ಪ್ರಯೋಜನ ಪಡೆದ ರೋಗಿಗಳ ಯಶೋಗಾಥೆಗಳನ್ನು ಉಲ್ಲೇಖಿಸಿ, ವೈದ್ಯ ಮತ್ತು ಆರ್ಥಿಕ ಆಯೋಜನೆಗಳಿಗೆ ಆಯುರ್ವೇದ ಚಿಕಿತ್ಸೆಯನ್ನು ಪಡೆಯಲು ಜನರನ್ನು ಪ್ರೋತ್ಸಾಹಿಸಿ ಎಂದರು. ಆಸ್ಪತ್ರೆ ಅಧೀಕ್ಷಕ ಡಾ.ವಿಜಯಲಕ್ಷ್ಮಿ ಹರ್ನೂರಕರ್ ಮಾತನಾಡುತ್ತಾ ವೈದ್ಯ ಸ್ವಲ್ಪ ಅರಬ್ಬಿಕ ರೋಗಗಳಾದ ಮಕ್ಕಳ ಚಿಕಿತ್ಸೆಯ ಅಗತ್ಯವನ್ನು ಒತ್ತಿರಿ, ವೈದ್ಯ ಲಭ್ಯವಿರುವ ಕ್ಷೇತ್ರಗಳು, ಚಿಕಿತ್ಸೆಗಳು ಮತ್ತು ಜೀವನಶೈಲಿಯ ಮಾರ್ಪಾಡುಗಳಂತಹ ಆಯುರ್ವೇದ ಚಿಕಿತ್ಸೆಗಳನ್ನು ಚರ್ಚಿಸಿ. ವೈದ್ಯ ತಜ್ಞಗಳು ಸಮಕೋಶಿತ ಆಹಾರ ಮತ್ತು ನಿಯಮಿತ ವ್ಯಾಯಾಮ ಸೇರಿದಂತೆ ಆರೋಗ್ಯಕರ ಜೀವನಶೈಲಿಯನ್ನು ಕಾಪಾಡಿಕೊಳ್ಳುವ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ಎತ್ತಿ ತೋರಿಸಿ, ಸಂಯಮ ರೋಗನಿರ್ಣಯ ಮತ್ತು ಚಿಕಿತ್ಸೆಗಾಗಿ ಆರ್ಥಿಕ ಆಯುರ್ವೇದ ವೈದ್ಯರನ್ನು ಸಂಪರ್ಕಿಸಲು ಜನರನ್ನು ಪ್ರೋತ್ಸಾಹಿಸಿ ಎಂದು ಹೇಳಿದರು. ಶತ್ರು ಇಲಾಖೆ ಎಲ್.ಎ.ಡಿ.ಡಾ.ಸಂಗಮೇಶ ಹಿರೇಮಠ ಮಾತನಾಡಿದರು. ಆಸ್ಪತ್ರೆ ಅಧೀಕ್ಷಕ ಡಾ.ವಿಜಯಲಕ್ಷ್ಮಿ ಹರ್ನೂರಕರ್, ವೈದ್ಯಕೀಯ ನಿರ್ದೇಶಕ ಡಾ.ಇಂದಿರಾ ಶೋಯಾ, ಶತ್ರು ವಿಭಾಗದ ಎಲ್.ಎ.ಡಿ. ಡಾ.ಸಂಗಮೇಶ ಹಿರೇಮಠ, ಅಧ್ಯಾಪಕರು ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿಗಳು ಉಪಸ್ಥಿತರಿದ್ದರು. ಈ ಸಂದರ್ಭ ಉಚಿತ ವೈದ್ಯಕೀಯ ಆರೋಗ್ಯ ತಿರುವನ್ನು ಆಯೋಜಿಸಲಾಗಿದ್ದು, ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಐವತ್ತು ಸ್ವಲ್ಪ ಮತ್ತು ಸಾಮಾನ್ಯ ಜನರಿಗೆ ಅತಿಥಿ ಉಪಹಾರವನ್ನು ಆಯೋಜಿಸಲಾಯಿತು.



ಭ್ರಾತರ್ಮಣಿ ಸ್ವಾಮೀಶ್ವರನವರು

ಮೆಡಿಕಲ್ ವಿದ್ಯಾರ್ಥಿಗಳ ಒಲವು ಗಳಿಸುತ್ತಿರುವ ಶ್ರೀ ಹಿಂಗುಳಂಬಿಕಾ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆ

ಆಯುರ್ವೇದದಲ್ಲಿ ಸಮಗ್ರ ಚಿಕಿತ್ಸಾ ಪದ್ಧತಿ

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INSTITUTIONS

SHES's Ayurvedic Medical College, Hospital & Research Centre (Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore and Approved by the Central Council of Indian Medicine, New Delhi)

SHES'S COLLEGE OF EDUCATION (B.ED.)

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SHES'S ARTS & SCIENCE DEGREE COLLEGE

Shri Hingulambika Nursery & Higher Primary School

Shri Hingulambika High School (Kannada & Marathi Medium)

Student Editors :

Parikshit Akade
Internee
Batch 2024-25



Raghavendra M K
Internee
Batch 2024-25

We the internees of batch 2024-25 are very proud to announce that we are publishing the **SVASTIH** magazine of October 2024 –December 2024. As a student editors, we are very thankful to almighty for supporting us throughout the process and also thankful to our teacher who guided us on the way. We have published the best content given by the students and staff on overall topics and from bottom of our heart, we are encouraging the other students to give the contribution in literature and technical field. As the student editors we have learnt many things which will be helpful for us in our future life.

We are very much thankful for our Principal Dr. Allamprabhu Gudda given us opportunity being the part of magazine also we are thankful to our teacher, magazine editor Dr. Annapurna Patil Asso prof Dept of Balaroga who have given the opportunity to us and we had tried our level best to fulfill our responsibilities.

With regards internees Parikshit Akade & Raghavendra M K.

