

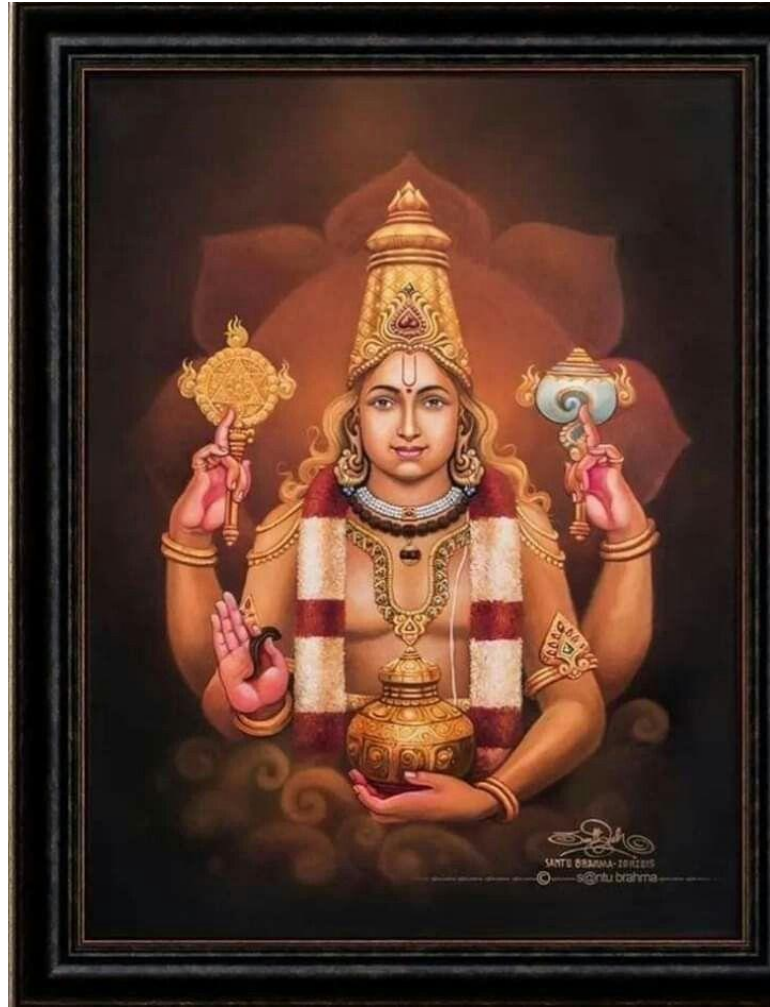
ISSUE NO 1 / AUGUST 2024 – OCTOBER 2024



**SHRI HINGULAMBIKA EDUCATION SOCIETY'S  
AYURVEDIC MEDICAL COLLEGE HOSPITAL  
& RESEARCH CENTRE  
Kalaburagi, Karnataka**

(Approved by NCISM , Ministry of AYUSH, Govt of India, New Delhi and Affiliated to RGUHS Bangalore)

# “SVASTIH”



Contact Number: 9606964569, 9606964570 Email id: shesamc@gmail.com

Website: shes-ayurvedicmedicalcollege.com/

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## FROM EDITORS DESK



"The aim of education should be to teach us rather how to think, then what to think-rather to improve our mind, So as to enable us to think for ourselves, than to load the memory with thoughts of other men".-James Beattle.



**DR.ALLAMAPRABHU GUDDA**  
PRINCIPAL  
SHE's AYURVEDA MEDICAL  
COLLEGE HOSPITAL & RESEARCH  
CENTRE , KALABURAGI

Learning is indeed a lifelong process. Even as we impart education to match the advancement in technology & globalization, we ensure education with ethos of moral value & principles.

Education plays an important role in qualify person to face all kinds of circumstances with Productive knowledge. In SHESAMC we extend our best effort to provide quality education and quality Ayurvedic treatments. Our college believes in imparting knowledge to students by the process of life skills, professionalism, vision and wisdom for their overall development apart from subjects.

We have a team of competent, accomplished & prominent faculties, administrative and non-teaching staffs who are committed for overall development of the college. The college maintains clarity functioning & possess an excellent infrastructure, well developed departments, state of the art smart classrooms, library, research centre ,sports facilities , well equipped hospital

We at SHES AMC are devoted to empower younger generation of today with knowledge & leadership qualities that will help them to achieve greater heights towards the upliftment of self & society.

The '**SVASTIH**' Magazine published with intention of revealing activities organized and conducted by the institute. Further this magazine will act as information source for Ayurveda students and encourage them in pursuing Ayurveda with passion. It also defines the institute growth in terms of documentation.

I appreciate the strive of editorial desk, publishers and students who contributed to the magazine and my best wishes for the success.

I whole heartedly appreciate the efforts taken by the magazine committee in drafting and releasing "**SVASTIH – 2024**"

I congratulate the staff editor and student editor for their leading role. Wishing the best for concluding bigger success and achieving newer heights in the coming days.

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Principal

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**Dr. Annapurna Patil**  
Asso Prof Dept of Balaroga

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5.	<b>Dr.Smita Kanmuse</b> Asso.Prof Dept of Samhita Siddhanta
6.	<b>Dr. Sapna Kaba</b> Asso. Prof Dept of AgadaTantra

## SHRI HINGULAMBIKA DEVI



Sanctum of Hinglaj Mata Mandir, Balochistan

### DEVI TEMPLES IN INDIA:

1. KALABURAGI, KARNATAKA
2. ALAND, KARNATAKA
3. BASAVAKALYAN, KARNATAKA
4. SOLAPUR, MAHARASHTRA
5. UDGIR, MAHARASHTRA
6. CHIRDRI, KARNATAKA
7. BANGARU STREET, CHENNAI, TAMILNADU

### SYNONYMS :

Hinglaj Mata Hindi: हिंगलज माता, Balochi: هنگلاج مانا, Sindhi: هینگلاج مانا ,  
 हिंगलज also known as Hinglaj Devi, Hingula Devi and Nani Mandir.

The holy place is known as Hingula, Hingalaja, Hinglaja and Hingulata in Hindu scriptures, particularly in Sanskrit. The goddess is known as Hinglaj Mata, Hinglaj Devi, Hingula Devi and Kottari or Kotavi

### LOCATION:

In a mountain cavern on the banks of the Hingol River, Hinglaj, a town on the Makran coast in the Lasbela district of Balochistan state and is the middle of the Hingol National Park, in Pakistan country.

The cave temple of Hinglaj Mata is in a narrow gorge in the remote, hilly area of Lyari Tehsil in Balochistan.

### SHAKTI PEETHAS:

It is one of the 51 Shakti Peethas in Shaktism denomination of Hinduism & one of the three Shakti Peethas in Pakistan, other two being Shivaharkaray and Sharada Peeth.

## **IMPORTANCE:**

Over the last three decades the place has gained increasing popularity and became a unifying point of reference for Pakistan's many Hindu communities. Hinglaj Yatra is the largest Hindu pilgrimage in Pakistan. More than 2,50,000 people take part in the Hinglaj Yathra during the spring. The local Muslims, particularly the Zikri Muslims also hold Hinglaj Mata in reverence and provide security to the shrine. They call the temple the "Nani Mandir" (literally "maternal grandmother's temple"). Local Muslim tribes along with Hindus make pilgrimage to the Hinglaj Mata shrine and some call the pilgrimage as the "Nani Ki Haj" Sufi Muslims also revere Hinglaj Mata. The Sufi saint Shah Abdul Latif Bhittai had visited the Hinglaj Mata temple and it is mentioned in his poetry. The Sur Ramkali was composed by Shah Abdul Latif Bhitai in reverence to the Hinglaj Mata and the visiting jogis.

## **THE LEGEND BEHIND THE TEMPLE OF HINGLAJ MATA:**

According to the Shiva Puran, Daksha-Prajapati was looking for suitable grooms for his daughter Sati. However, Sati chose Lord Shiva despite her father's objections. Angered by Sati's decision, Daksha-Prajapati organized a grand yajna but intentionally excluded Shiva. Sati immolated herself because she was driven by anger and insult. Shiva, filled with rage, punished Daksha for Sati's demise but later forgave him, bringing him back to life. Shiva, consumed by grief, wandered the cosmos with Sati's lifeless form. In the end, Vishnu intervened by dismembering Sati's body into 108 parts. Fifty-two of these parts fell to earth, while the remaining parts scattered across other planets, each forming a Shakti Peetha, a temple dedicated to a form of the Goddess.

### **Annual pilgrimage (Hinglaj Yatra or Theerth Yatra) :**

Once pilgrims arrive in Hinglaj they complete a series of rituals, climbing the Chandragup and Khandewari mud volcanoes. Pilgrims then take a ritual bath in the sacred Hingol River before finally approaching the shrine marking the goddess's resting place. The annual four-day pilgrimage to the Hinglaj Mata Temple is held in the month of April. The major ceremony in the pilgrimage occurs on the third day, when the priests of the shrine recite mantras to invoke the gods to accept the offerings brought by the pilgrims and bless them. Offerings made by the pilgrims to the deity primarily consist of three coconuts. While some remain in Hinglaj for all four days, others make a short day trip.



**Baba Chandragup:**

The mud volcano Chandragup is considered holy by Hindus and is an important stop for pilgrims on their way to the shrine of Hinglaj Mata. Devotees throw coconuts into the craters to make wishes and thank the gods for answering their prayers, mud volcano is worshipped as an embodiment of Lord Shiva and hence called Baba Chandragup. Pilgrims believe that Hinglaj's temple may only be entered only after paying homage to Baba Chandrakup.

**Rama's pilgrimage to Hinglaj:**

After killing Ravana, Rama returned from exile to ascend to the throne of Ayodhya. A sage Kumbodhar explained that to cleanse himself of this sin, Rama would have to make a pilgrimage to Hinglaj Mata, the only place that could purify him. Rama followed the advice and immediately left with his army for Hinglaj. Sita, Lakshmana, and Hanuman also accompanied him.

**Media and Films:**

1. Morutirth Hinglaj - In Bengali language film named.
2. Sahasam -Indian Telugu movie starring Gopichand and Tapsee Pannu directed by Chandra Sekhar Yeleti.

**BOOKS:**

'Hinglaj Shaktipeeth', a book by Onkar Singh Lakhawat was published in 2011.



**Dr. Vivekanand Patil,**  
Professor & Hod,  
Dept. of Agada Tantra,  
SHESsAMC, Kalaburagi

## **COLLEGE ACTIVITES**

- **Dr. Allamprabhu Gudda, Principal** nominated as Chairman of Ethical Committee ESI Dental College.
- RGUHS examinations for the year 2023-2024 were successfully held at our college , our college have been considered examination centre for Ayurveda and Unani courses about 180 students have taken the exams .
- Our College is recognized as RGUHS Digital evaluation Centre ,2 Unani colleges & Basaveshwar Ayurveda College is attached with our college to conduct digital valuation.

## **PhD WORK :**

- Dr.Veena J has presented her PhD work for ethical clearance at CVM University, Anand, Gujrat on 3<sup>rd</sup>& 4<sup>th</sup>September

## **Research Project**

**Title: Ayurvedic Anti Diabetic Drugs.**

**Principal Investigator** –: Dr.ShilpaRaga Prof and HOD Dept of Panchakarma SHESAMC.

**Mentor** – Dr. Allamprabhu Gudda Principal SHE'SAMCH&RC

As a part of research project by doctoral fellowship students of Botany department ,GUG in collaboration with CCRAS New Delhi , medicines were administered for 5 patients as per the research protocol .

## **QCI VISITATION**

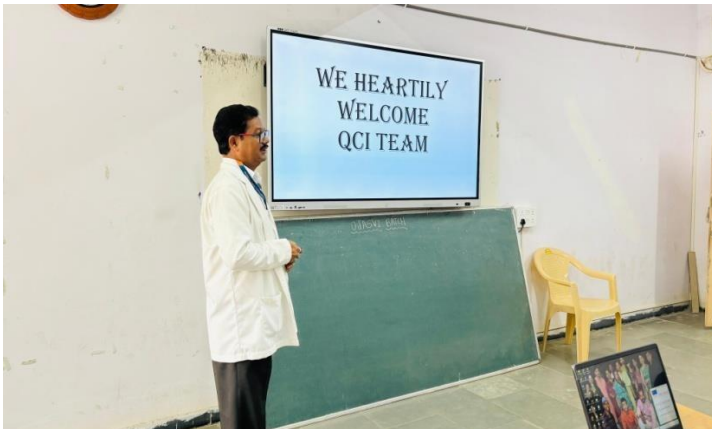
- **Dr.Allamprabhu Gudda** Principal SHESAMC visited Hyderabad Govt and Warangal Govt Ayurveda colleges as a QCI Visitor.



## QCI

- Among 670 Ayurveda colleges in India ,220 Ayurveda colleges were selected for QCI (Quality Control of India) Assessment & Rating , proud moment that our college was selected for QCI Assessment & Rating.
- QCI a comprehensive platform designed for assessment and rating. NABET (National Accreditation board for education and training) says prompt action in updating the necessary information by the given deadline is highly appreciated .
- QCI was conducted in 11 prescribed criteria,7 Audiovisual laboratories, skill lab, Hospital management system were newly introduced.
- On 21/06/24 all the teaching staff underwent online QCI training.
- QCI assessment rehearsal was held on 5<sup>th</sup> of September 2024.
- QCI Assessment and Rating team visited our college on 6<sup>th</sup> and 7<sup>th</sup> of September 2024 and successfully completed the assessment with the help of well co-ordinated and committed faculty members headed by the Principle and received appreciation for the visiting members.

### FEW GLIMPES OF QCI VISITATION:



## Hospital Activities

- Re-orientation Programme for Internees was conducted in view of QCI Inspection from all clinical department faculties.
- Physicians from ESIC hospital conducted health check up for all the ESIC card holders of SHE's AMC.
- Hospital data management has upgraded by installation of computer system in all the opd and installation of Hospital Management System software.
- Swarna Prashana Camp is been conducted by the Dept of Balaroga every month on Pushya Nakshatra for over all development of children's .
- Regular camps have been conducted in the nearby localities to provide them the much needed health facilities, promotion and to create awareness about Ayurveda .
- An initiative has been taken by Dr.Veena .J ,Dept of Bala roga , for conducting an awareness about the vaccination against cervical cancer.
- Meeting was held in presence of Dr.Allamaprabhu Gudda ,Dr. Indra Loya, with faculties of Bala Roga & Prasooti Tantra & Stree Roga regarding upgrading and improvement of OPD.



Monthly SWARNA PRASHA camp held in hospital

## Curricular Activites

### CHARAKAJAYANTI:-

- Charaka Jayanti was celebrated on 09/08/2024 from at the College seminar hall.
- An Online Padarthamrit seminar by the Dept. of Samhita Siddhanta, Organized by Dr.Smita K ,Asso.prof.Dept.of Samhita Siddhanta for a week in view of Charaka Jyanti in collaboration with Vishwa Ayurveda parishad.
- 6 eminent speakers from different state delivered lecturers 800 student were benefitted by this program.
- Samhita Pathan was done by students in presence of Dr. Niranjan Prof. and HOD Dept. of Samhita Siddhanta , presided by Dr. Allamprabhu Gudda. Principal ,SHESAMC Kalaburgi.



### Glimpse of Charaka Jayanthi

### EYE DONATION AWARENESS PROGRAMME:-

- Eye donation awareness programme conducted on 5/09/2024, under guidance of Dr.Suharini Sulgante. Vice Principal, Prof & HOD Dept. of Rachana Sharira. SHESAMC, Kalaburagi in collaboration with Anugraha Eye Hospital



# AYURGRAMA



**SHRI HINGULAMBIKA EDUCATION SOCIETY'S AYURVEDIC MEDICAL COLLEGE, HOSPITAL AND RESEARCH CENTER  
KALABURGI KARNATAKA**

<b>PRINCIPAL</b>	<b>TEAM HEAD</b>	<b>FINANCE HEAD</b>	<b>CULTURAL HEAD</b>	<b>REPORTING HEAD</b>	<b>PUBLICITY HEAD</b>
<b>VD. ALLAMPURABHU GUDDA</b>	<b>STAGE EVENT HEAD</b>	<b>TRANSPORT HEAD</b>	<b>CREATIVE HEAD</b>	<b>SURVEY HEAD</b>	<b>DOCUMENTATION HEAD</b>
<b>VD. PRADEEP J</b>	<b>SUPPORTIVE MEMBERS</b>				
<b>CONTESTANT ID: AG2K12</b>					
	<b>SHALINI D PATIL</b>	<b>AMEER SAYYED</b>	<b>SHARAN KUMAR ALLUR</b>	<b>SOMABHATAGOUDA BIDDAPPA</b>	<b>SHIVPRASAD MATH</b>

- Ayurgram AG2K12- was conducted in Nandikur village from 17/07/2024 to 23/07/2024 by 4<sup>th</sup> year students, 15 students from group 1 participated.
- Inauguration was done by Dr. Allamprabhu Gudda , Dr Pradeep J, Dr Avinash . as a part of this various health camps and guest lecturers were conducted to create awareness among the public about Ayurveda and importance of health.
- valedictory program was held on 23/7/24 in the presence of Dr Vijaylakshmi H, Dr Smeeta B, Dr Indira loya & Dr Pradeep Kumar

SHREE HINGULAMBIKA AYURVEDIC MEDICAL COLLEGE & HOSPITAL, KALABURAGI, KARNATAKA					
<b>PRINCIPAL</b>  <b>VD. ALLAMPBRABHU GUDDA</b>	<b>TEAM HEAD</b>	<b>FINANCE HEAD</b>	<b>CULTURAL HEAD</b>	<b>REPORTING HEAD</b>	<b>PUBLICITY HEAD</b>
					
<b>CO-ORDINATOR</b>  <b>VD. VEENA JIGALUR</b>	<b>STAGE EVENT HEAD</b>	<b>TRANSPORT HEAD</b>	<b>CREATIVE HEAD</b>	<b>SURVEY HEAD</b>	<b>DOCUMENTATION HEAD</b>
					
<b>SUPPORTIVE MEMBERS</b>					
					
<b>CONTESTANT ID: AG2K22</b>					

- Ayurgram AG2K22 was conducted in Sardagi B, 2<sup>ND</sup> team of SHE's AMC from 10/07/2024 to 16/07/2024 by 2<sup>nd</sup> year students, 15 students participated.
- Inauguration was done by Dr Arun kumar MY Patil, Shri Naresh Tandle, Dr. Allamprabhu Gudda ,Dr Loya
- As a part of Ayurgrama various health camps and guest lecturers, skit and various competitions were conducted and received appreciation from the people of Sardagi village.
- Valedictory program was held on 16/7/24 in the presence of President Shri Bulbule sir & Dr Veena Jigalur

## WORLD ORGAN DONATION AWARENESS:-

- World Organ Donation Day was conducted on 13/08/2024, under guidance of Dr. Suharini Sulgante, Vice Principal, Prof & HOD Dept. of Rachana Sharira, SHESAMC, Kalaburagi
- Essay competition, Rangoli competition were conducted in a view to bring about awareness about importance of organ donation among students and general public





**FACULTY ACHIEVEMENTS:-**

**Dr. Shilpa Raga** Prof & HOD Dept. of Panchakarma has been Nominated for Syllabus Reforms Committee NCISM.



**Dr. Sapna Kaba:** Asso Prof Dept. of RasaShastra, cleared Ph.D entrance exam 2024 from prestigious RGUHS University, Bangalore. Presented synopsis at NKJAMC Bidar on 4/09/2024.



**Dr. Maitradevi** Asst. Prof Dept. of Kayachikitsa cleared PhD entrance exam 2024 from prestigious RGUHS University, Bangalore. Presented synopsis at BLD'S AVS Vijayapur



on 9/09/2024.

## **RGUHS RESEARCH PROJECT GRANT 2024-2025**

1. A Comparative clinical study to evaluate the efficacy of vyangahara lepa and manjista lepa in vyanga vis-à-vis Melasma by II PHASE BAMS student by Vaishnavi Patil guided by Dr Vijaylaxmi Patil Asso.Prof Dept. of Panchkarma.



2. A Clinical Approach of Ayorajadi Lepa in Palitya by II PHASE BAMS student by Raghavendra guided by Dr Rekha Murunni Asso.Prof Dept. of Dravyaguna.



## **BEST TEACHER AWARD**



**Dr.Nirmala K** Prof & HOD Dept of Dravyaguna Honoured as **Best Teacher** by inner wheel,rotary club Kalaburgi on 5/09/2024.

## **GUEST OF HONOUR**



**Dr.Nirmala K** Prof & HOD Dept of Dravyaguna guest of Honour for the programme Savalambi Bharat Abhiyan organized at HKT Dental College on 23/09/24.

## WORKSHOPS:-



Dept of Ayush recognized **RashtriyaAyurvedaVidyapeeth** for training the teaching staff in their specialties. **Dr. Annapurna Patil** Asso Prof. Dept. of Bala roga ,PhD Scholar at SDM Hassan .



**Dr. Maitradevi** Asst Prof. Dept. of Bala Roga attended RAV Training at SDM Hassan on 28/08/2024 to 29/08/2024 for 2 days.





- The Dept of Shalya Tantra organized the Hands on training for basic Surgical skills to Internees and Final year students by Dr. Anand Kumar C Asst. Prof
- Guest lecture along with hands on training was given by Dr.Shivkumar Aladakatti Asst. Prof. Dept of PG studies in Shalya Tantra BVVSAMC &H Bagalkot as part of Re-orientation Programme on 13/09/2024.



Mrs . Nagina and Mrs. Jagadevi both Librarian attended training workshop from Easylib at NutanVidyalaya on 14<sup>th</sup> and RGUHS Regional Centre on 19<sup>th</sup> .

## CULTURAL ACTIVITES



- On 7<sup>th</sup> October Inauguration of cultural activites & competation was done by Dr. Rajendra Konda Principal V G Womens college.
- 8<sup>th</sup> October Traditional Day & various competition were held
- 9<sup>th</sup> October Freshers & Send off party was arranged.
- Dandia was organized & Dr. Madhusudan HOD Botany Dept of Gulbarga University Dr. Rajendra Konda Principal V G Womens college & Dr. Indra Loya Gynecologist invited as Guests.



## DESH KA PRAKRUTI PARIKSHA



- To reach out the masses & make them aware above Ayurveda. This campaign was launched on 1st week of October & will last for one month, which was addressed by the Honorable Minister of AYUSH Shri Prataprao Jadhav Ji, on 27/09/24 at New Delhi college was represented by Principal Dr Allamprabhu G, Dr Anandkumar C.

## SEMINARS



- Dept of ShalyaTantra organized webinar on **Ayurpreneur Bussiness Model** on 31/08/2024 the eminent speaker was Dr.Vivekanand Kullolli Prof&HOD Dept of Shalya Tantra IIAR & S Rajkot, Gujrat for faculty & students by Dr.AnandKumar C EDC Coordinator. The webinar was presided by Dr. Allamprabhu Gudda Pricipal .



## CANCER AWARENESS PROGRAMME



Cancer awareness programme conducted at our college on 23/09/24 By **Dr. Vijaylaxmi Deshmane Director Kidwai, Bangalore**

## SWADESHI VICHAR SANKIRNA

- A Programme conducted from Vichara Varga of Swadeshi Jagaran manch, utara pranth, Guest speaker & convenor **Principal Dr Allamprabhu Gudda** of the on topic **KUTUMBHA** held at **SHESAMC** ,on 29/09/24 organized by **Dr. Nirmala K Prof & HOD Dept of Dravya Guna.**



## YOUTH FOR SEVA

- Talk on environment to the members of organization“ youth for seva” at Vivekananda Degree college on 30/09/24. by **Dr. Nirmala K** Prof & HOD Dept of Dravya Guna.



## GUEST LECTURE

- Guest Lecture on health for Govt. PUC College, Kalaburagi on 23/08/24 By **Dr. Nirmala K** Prof & HOD Dept of Dravya Guna.



## GUEST LECTURE

- **Dr. Nirmala K** Prof & HOD Dept of Dravya Guna was guest for NSS programme Organized by the Godutai Arts, Commerce & Science College Kalaburagi on 08/08/24



- **Dr. Smeeta Kannmuse** Asso Prof Dept of Samhita Siddhanta delivered Talk on “ **Importance of Aahara in Present Life**”.On 8/09/24 the programme was organized by Patanjali Yoga Peetha Haridwar at Shiv Mandir Tilak Nagar .





**BLOOD DONATIONCAMP:-**

- Blood Donation Camp was organized by Dept.Of RogaNidana by **Dr.Vikas chawan** Asso prof & HOD in Collaboration with Samhita Siddhanta Dept.

**VANAMAHOTSAVA:-**

- On the eve of Enviornmental Day ,Dept.of DravyaGuna organized Plantation for 2<sup>nd</sup> year students By **Dr.Nirmala K** Prof &HOD and **Dr. Rekha M** Asso.Prof .

**INTERNATIONAL YOGA DAY**

- On the occasion of 10<sup>th</sup> International yoga day For 1 week Yoga was conducted for Students by **Dr.PraveenKumar C** Prof Dept of Sanskrit & Samhita Siddhanta & **Sri SunilKumar Jinde** Yoga instructor at College Campus.

**EDUCATIONALVISIT:-**

- 2<sup>ND</sup> year Students visited to Dept of Botany GUG as part of their Curriculum with **Dr. Avinash Reddy** Asst. Prof Dept of Swastavritta .



## COURT VISIT

- Court Visit was organized by the Dept of Agadatantra for the students of 2<sup>nd</sup> year as a part of NCISM curriculum by **Dr Vivekanand Patil** Prof & Hod dept of Agad Tantra & **Dr Sapna Kaba** Asso prof Dept of Agada Tantra.



## MEDICALCAMP

- Guest lecturer at Taj Sultanpur on 2/08/2024 Awareness on Panchakarma and Ahara Padathi Along with Diabetic Speciality Camp conducted By **Dr. Shilpa Raga** Prof & HOD Dept of Panchakarma.



## SPECIALITY CAMP ON AGNI & VIDDHA KARMA

- Dr. Vivekanad Patil Prof & HOD Dept of Agada Tantra organized speciality camp at Sugur on 4/08/24 & at Aland on 17/07/24.





## FIRE SAFETY AWARENESS

- The guest lecture on Fire safety awareness programme & demo was given by **Sri Motilal Patange** on 5/09/2024 .



- Guest lecture was conducted for Scouts & guides students of Govt College by **Dr.Nirmala K Prof & HOD Dept of Dravyaguna**



## STUDENTCORNER

### Students Achievements

- Final year students **POOJA, NAMRATA, SHRISTHI & SAMRUDDHI** Were selected for Sadhanam 2024. It was necessarily a complete residential training programme of 10 days at Bangalore
- learning to chant Rigveda Ashwini Mantras, Vatavyadhi chikitsa Adhyana & to “Know How” Ayurveda in its applied technology for efficient and ethical clinical practice for the common good of society.



### SPORTS

- The students participated in inter college sports like cricket at Rajrajeshwari Ayurveda Medical college Humanabad & Shri Basaveshwar ayurveda medical college Bagalkot
- Total 30 teams & our college reached upto semifinal
- volleyball zonal level at Samata Ayurveda college, Aland on 24/09/24. & state level at SDM Ayurveda medical college Terdal.
- Zonal level Badminton tournament at SJGAMC Koppal on 14/08/2024 & total 6 students participated from our college
- our college reached semifinal OF Badminton tournament under the guidance of Dr Avinash Reddy Asst Prof dept of Swasthavrutta .
- Students have participated in competitions like quiz and essay at TGAMC Bellary on 12/08/24 under the guidance of Dr Veeresh M Asst prof dept of Shalya Tantra.





- 25 students completed their compulsory internship from our college in the year 2024



## SKILL LAB

- A newly developed “YOGYA” skill lab at our college consisting of various demonstration mannequins, instruments have been set up to given better practical knowledge about various treatment modalities to students.



